



Indoors/
Outdoors
AGE RANGE:
3 to 6 years

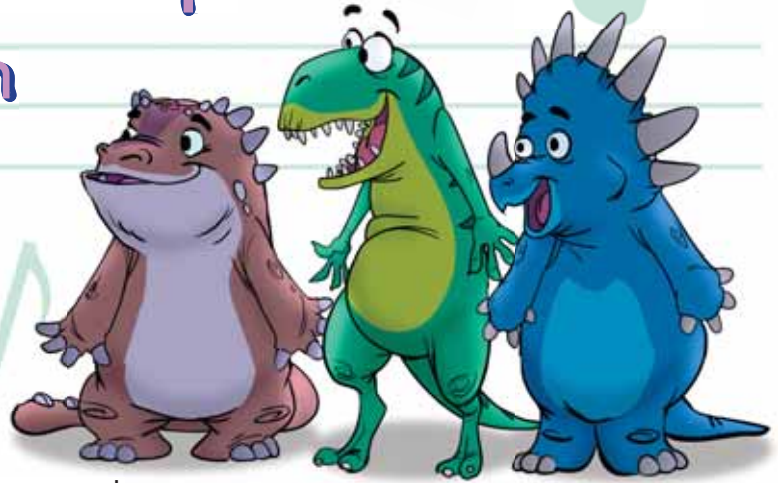
Episode: Big Green Hop

Charlie's Workshop

Charlie's Big Green Dance Card

Have a small dance party every day!

Go to the www.BigGreenRabbit.com, pick a video, dance up a storm, and check it off your Dance Card!



Learning Goals

MOVE your body daily and have a great time doing it. (Fitness and Nutrition)

Life Skills

Dancing: Exploring body movement.

Materials

- Charlie's Big Green Dance Card on next page
- Tape or pushpin
- Computer (web access)



Directions:

1. Print out the Big Green Dance Card on the next page.
2. Hang it in a play area or child's bedroom.
3. Every day or so, go to www.BigGreenRabbit.com and see what videos are available (they change weekly).
4. Play the video or song and dance, Dance, DANCE!
5. Find the song/video on your Dance Card and check it off.
6. Try another dance tomorrow or repeat!
Go for a FULL Dance Card.





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Check 'Em All Off!

Learn the dance or make up your own.



"It doesn't matter what you look like or if you know the steps - the most important thing is to **HAVE FUN!**"

 <p>Rhino Song</p>	 <p>Stegosaurus Song</p>	 <p>Archaeopteryx Song</p>	 <p>Mashed Potato Song</p>
 <p>The Calorie Song</p>	 <p>Iguana Song</p>	 <p>Galapagos Song</p>	 <p>Taking Care Song</p>
 <p>Toucan Song</p>	 <p>Organic Song</p>	 <p>Do the Roly Poly Crawl</p>	 <p>Symbiotic Song</p>
 <p>Green Anaconda Song</p>	 <p>Dinosaur Song</p>	 <p>Rainforest Song</p>	 <p>Umbrella Bird</p>

Dancing is great for our minds, bodies and spirits!!